



BULLYING

is never okay.

Rise Up Against Bullying!

#866BEAHERO



BULLYING ADVOCACY

★ You are not alone ★

If you are being bullied,
call us 24/7 toll-free at

1-866-BE-A-HERO

1-866-232-4376



Caring for Kids is a program of
San Fernando Valley Community Mental Health Center, Inc.

HOW OUR COUNSELORS CAN HELP:

- 24/7 LIVE COUNSELING BY PHONE
- IN-PERSON ADVOCACY
- RESOURCES AND REFERRALS FOR STUDENTS, PARENTS, & EDUCATORS
- EDUCATIONAL & INFORMATIONAL PRESENTATIONS

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